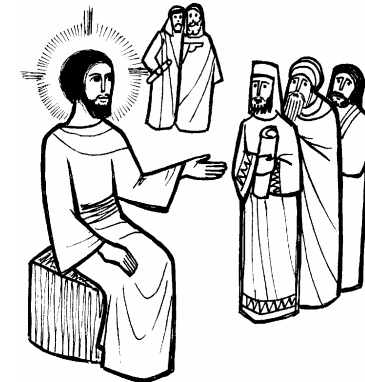




*Weston Longville  
Morton-on-the-Hill  
Great & Little Witchingham  
Lenwade  
Alderford  
Attlebridge  
Swannington  
Ringland*

**Sunday 5<sup>th</sup> July 2009**  
10:15 am

*Eucharist for the  
Fourth Sunday after Trinity*



*All Saints, Weston Longville*

New every morning is the love  
our waking and uprising prove;  
through sleep and darkness safely brought,  
restored to life and power and thought.

New mercies, each returning day,  
hover around us while we pray;  
new perils past, new sins forgiven,  
new thoughts of God, new hopes of heaven.

If, on our daily course, our mind  
be set to hallow all we find,  
new treasures still of countless price  
God will provide for sacrifice.

The trivial round, the common task,  
will furnish all we need to ask:  
room to deny ourselves; a road  
to bring us daily nearer God.

Only, O Lord, in thy dear love,  
fit us for perfect rest above;  
and help us, this and every day,  
to live more nearly as we pray.

In the name of the Father, and of the Son,  
and of the Holy Spirit. *Amen.*

The Lord be with you  
*and with thy spirit.*

*Almighty God,  
unto whom all hearts be open, all desires known,  
and from whom no secrets are hid:  
cleanse the thoughts of our hearts*

### **Future Events:**

Mon 13 <sup>th</sup>	7:30 pm	Swannington Charities' Trustees meet at The Rectory
Tue 14 <sup>th</sup>	9:00 am	Swannington Community project meeting with architect in church
Wed 15 <sup>th</sup>	1:00 pm	Interment of ashes at Alderford
Sat 18 <sup>th</sup>	1:00 pm	Renewal of wedding vows at Weston Longville

### **Sunday 19<sup>th</sup> July: Trinity 6**

***NB NB 5:00 pm Saturday 18<sup>th</sup>:*** The Eucharist for **St Margaret's Day**  
at Swannington (**Patronal Festival**)

9:00 am	Holy Communion (1662) at Ringland – <b>Canon Peter Halls</b>
10:00 am	Holy Communion (1662) at Great Witchingham
10:00 am	Children's service for <b>St Margaret's Day</b> at Swannington, followed by <i>Bring a Dinosaur</i> picnic in the churchyard
6:00 pm	Evensong at Alderford



All weekday services this week will be at their regular times, **except** that there will be **no** Evening Prayer at Swannington on Saturday.

### Saints this week

Mon Thomas More, martyr (1535)

Sat Benedict, “Father of western monasticism” (died 550)

This week we pray particularly for those who live and work along **Back Lane** and in **Blackbreck Cottages** in Ringland.

**Please continue to pray** for the sick & those in need:

*Angie; Anne Dunn; Sharon; Harold Hore; Jo & Brian; Jo, James & baby Daniel; Edie Kidd; Kath Medlar; Cynthia Savory; Val; Enid Warnes*

### Events this week:

TODAY	1:00 pm	Baptism of KIERAN STEVEN WILLIAMSON at Great Witchingham
Mon	3:00 pm	Rehearsal for renewal of wedding vows at Weston Longville
Tue	7:30 pm	Swannington Community Project meets in church
Wed	7:30 pm	Swannington Singers’ practice at The Firs
Fri	7:30 pm	Friday Club and Extraordinary Meeting of Parishioners for the election of churchwardens in Swannington church
Sat	12 noon	Baptism of BENJAMIN GEORGE STEVENSON at Weston Longville

### Next Sunday: Trinity 5

8:00 am Holy Communion (1662) at Weston Longville  
 10:00 am All Age Worship for **St Peter’s Day (Patronal Festival)**  
 at Ringland, led by Jane Dryden, Reader at Taverham  
 – followed by birthday strawberries etc  
 10:00 am The Eucharist **and admission of churchwardens**  
 at Swannington

*by the inspiration of thy Holy Spirit,  
that we may perfectly love thee,  
and worthily magnify thy holy name;  
through Christ our Lord. Amen.*

**Please sit down**

*Welcome, introduction, and a few words of explanation.*

*We are then invited to kneel for a few moments of silence  
before the confession of our sins:*

*Almighty God, our heavenly Father,  
we have sinned against thee  
and against our neighbour,  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are heartily sorry  
and repent of all our sins.  
For the sake of thy Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve thee in newness of life  
to the glory of thy name. Amen.*

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen.**

*Please stand to sing the Gloria:*

9 (Priesr)

Glo-ry be to God on high and in earth peace, good

12

will to-wards men. We praise thee, we bless thee, we

16

wor-ship thee, we glor-i-fy thee, we give thanks to

19

thee for thy great glo-ry, O Lord God,

23

hea-ven-ly King, God the Fa-ther al-migh-ty.

26

O Lord, the on-ly be-got-ten Son, Je-sus Christ: O Lord God,

31

Lamb of God, Son of the Fa-ther, that tak-est a-way the

The God of all grace,  
 who called you to his eternal glory in Christ Jesus,  
 establish, strengthen and settle you in your faith;  
 And the blessing of God Almighty,  
 the Father, the Son, and the Holy Spirit,  
 be among you and remain with you always. *Amen.*

Teach me, my God and King,  
 in all things thee to see,  
 and what I do in anything  
 to do it as for thee.

A man that looks on glass,  
 on it may stay his eye;  
 or if he pleaseth, through it pass,  
 and then the heaven espy.

All may of thee partake;  
 nothing can be so mean,  
 which with this tincture, "For *thy* sake,"  
 will not grow bright and clean.

A servant with this clause  
 makes drudgery divine:  
 who sweeps a room, as for thy laws,  
 makes that and the action fine.

This is the famous stone  
 that turneth all to gold;  
 for that which God doth touch and own  
 cannot for less be told.

Go in peace to love and serve the Lord In the name of Christ, A - men.

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.

Eat and drink  
in remembrance that he died and rose for you  
and feed on him in your hearts  
by faith with thanksgiving.

*During the distribution of Communion, if you are not a communicant but would like to receive a blessing, please bring this service booklet to the altar rail with you.*

At the distribution:

The Body of Christ

**Amen.**

The Blood of Christ

**Amen.**

**After Communion please sit or kneel**

Everlasting God, Comforter to the afflicted and healer to the broken, who hast nourished us at the table of life and hope: teach us the ways of gentleness and peace that all the world may acknowledge the kingdom of thy Son, Jesus Christ our Lord. **Amen.**

**Almighty God,**  
*we thank thee for feeding us  
with the body and blood of thy Son Jesus Christ.  
Through him we offer thee our souls and bodies  
to be a living sacrifice.*

*Send us out in the power of thy Spirit  
to live and work to thy praise and glory. Amen.*



sins of the world, have mer - cy up - on us. Thou that tak - est a -



way the sins of the world, re-ceive\_our prayer. Thou that sit - test



at the right hand of God the Fa - ther, have mer - cy up - on us.



For thou on -ly art ho - ly; thou on - ly art the Lord; thou on - ly



O\_ Christ, with\_ the Ho - ly Ghost, art the Most\_



High in the glo - ry of God the Fa - ther. A - men.

O God, the protector of all that trust in thee,  
without whom nothing is strong, nothing is holy:  
increase and multiply thy mercy upon us;  
that with thee as our ruler and guide  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
grant this, O heavenly Father,  
for our Lord Jesus Christ's sake,  
who liveth and reigneth with thee,  
in the unity of the Holy Spirit,  
one God, now and for ever. *Amen.*

Please *sit down*

### FIRST READING: Ezekiel 2.1-5

The heavens were opened, and I saw visions of God. When I saw this, I fell on my face, and I heard the voice of someone speaking. He said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, 'Thus says the Lord GOD.' Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

This is the word of the Lord.

*Thanks be to God.*

### PSALM 123 (please remain seated)

Response: *Have mercy upon us, O Lord; have mercy.*

To you I lift up my eyes,  
to you that are enthroned in the heavens.

*Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.*

We break this bread to share in the body of Christ.

*Though we are many, we are one body,  
because we all share in one bread.*

(Organ) O Lamb of God, that tak - est a - way the

94  
sins of the world, have mer - cy up - on us.

97  
O Lamb of God, that tak - est a - way the sins of the world, have

100  
mer - cy up - on us. O Lamb of God, that

103  
tak - est a - way the sins of the world, grant us thy peace

Likewise after supper he took the cup;  
and when he had given thanks to thee, he gave it to them, saying:  
Drink ye all of this;  
for this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of his kingdom  
and with this bread and this cup  
we make the memorial of Christ thy Son our Lord.

Great is the mystery of faith:

*Christ has died:*

*Christ is risen:*

*Christ will come again.*

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of thy divine majesty,  
renew us by thy Holy Spirit,  
inspire us with thy love,  
and unite us in the body of thy Son,  
Jesus Christ our Lord,  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be unto thee,  
O Father almighty,  
world without end. *Amen.*

**Please kneel or sit as you are comfortable**

Let us pray with confidence as our Saviour has taught us:

As the eyes of servants look to the hand of their master,  
or the eyes of a maid to the hand of her mistress,  
So our eyes wait upon the Lord our God,  
until he have mercy upon us. *(Response)*

Have mercy upon us, O Lord, have mercy upon us,  
for we have had more than enough of contempt.  
Our soul has had more than enough of the scorn of the arrogant,  
and of the contempt of the proud. *(Response)*

## **SECOND READING: 2 Corinthians 12.2-10**

I know a person in Christ who fourteen years ago was caught up to the third heaven – whether in the body or out of the body I do not know; God knows. And I know that such a person – whether in the body or out of the body I do not know; God knows – was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations.

Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, ‘My grace is sufficient for you, for power is made perfect in weakness.’ So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

This is the word of the Lord.

*Thanks be to God.*

“The kingdom is upon you!”  
 The voice of Jesus cries,  
 Fulfilling with its message  
 The wisdom of the wise;  
 It lightens with fresh insight  
 The striving human mind,  
 Creating new dimensions  
 Of purpose for mankind.

“God’s kingdom is upon you!”  
 The message sounds today;  
 It summons every pilgrim  
 To take the questing way  
 With eyes intent on Jesus,  
 Our leader and our friend,  
 Who trod earth’s road before us  
 And trod it to the end.

The kingdom is upon us!  
 Stirred by the Spirit’s breath  
 We glory in its freedom  
 From emptiness and death;  
 We celebrate its purpose,  
 Its mission and its goal,  
 Alive with the conviction  
 That Christ can make us whole.

**GOSPEL: Mark 6.1-13**

62 (Prest)  
 Hear the Gospel of our Lord  
 Jesus Christ according to... Glo-ry be to thee, O Lord.

Jesus came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, ‘Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?’ And they took offence at him. Then Jesus said to them, ‘Prophets are not without honour, except in their home town, and among their own kin, and in their own house.’ And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave

68 (Organ) Ho - ly, ho - ly, ho - ly, Lord God of  
 72 hosts, Heav'n and earth are full of thy glo - ry.  
 75 Glo - ry be to thee, O Lord most high.  
 78 Bless - ed is he that com - eth in the name of the  
 81 Lord. Ho - san - na in the high - est.

**Please remain standing**

Accept our praises, heavenly Father,  
 through thy Son our Saviour Jesus Christ,  
 and as we follow his example and obey his command,  
 grant that by the power of thy Holy Spirit  
 these gifts of bread and wine  
 may be unto us his body and his blood;

who, in the same night that he was betrayed, took bread;  
 and when he had given thanks to thee,  
 he broke it and gave it to his disciples, saying:  
 Take, eat; this is my body which is given for you;  
 do this in remembrance of me.



Brothers and sisters, I ask you to profess the faith of the Church.

Do you believe and trust in God the Father, source of all being and life,  
the one for whom we exist?

***I believe and trust in him.***

Do you believe and trust in God the Son, who took our human nature,  
died for us and rose again?

***I believe and trust in him.***

Do you believe and trust in God the Holy Spirit, who gives life to the  
people of God and makes Christ known in the world?

***I believe and trust in him.***

This is the faith of the Church.

***This is our faith.***

***We believe and trust in one God,  
Father, Son and Holy Spirit.***

***Almighty God, we thank thee for our fellowship in the household of  
faith with all those who have been baptised in thy name. Keep us  
faithful to our baptism, and so make us ready for that day when the  
whole creation shall be made perfect in thy Son, our Saviour Jesus  
Christ. Amen.***

*The priest re-lights Harmony's candle, after which we all say*

***Defend, O Lord, this thy servant with thy heavenly grace, that she  
may continue thine for ever, and daily increase in thy Holy Spirit  
more and more until she comes to thy everlasting kingdom. Amen.***

*As Harmony and her family return to their places the service continues with some brief  
Intercessions. Please kneel or sit, as you are comfortable. The response each time  
is:*

Lord, in thy mercy –  
***Hear our prayer.***

*and after the last (fifth) section*

Merciful father –

***Accept these prayers  
for the sake of thy Son  
our saviour, Jesus Christ. Amen.***

**Please stand for the Peace:**

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you.

***And with thy spirit.***

*The Peace is exchanged in the usual way.*

Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike, no cares could destroy,  
be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.

Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled at the plane and the lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the day.

Lord of all kindness, Lord of all grace,  
your hands swift to welcome, your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.

Lord of all gentleness, Lord of all calm,  
whose voice is contentment, whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.